



## MID AND WEST WALES ADVOCACY SERVICE

### Do You...

- Want someone who will listen to you and your point of view?
- Want to know your rights?
- Need help speaking out and getting your voice heard?

### Are You...

- 0 - 25 and looked after (in care) by Social Services?
- A care leaver?
- On the Child Protection Register?
- A child in need of care and support?

### What do we do? Well, we can...

- Inform you of your rights
- Help you sort things out with workers/carers
- Give you support and help you to speak up at meetings
- Help you make a complaint
- Help you speak out, with others, about what's good or what needs to be changed for children and young people in care

## This service is independent and confidential

### Contact

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On request this information will be available in different languages and formats.  
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