

This Book is ALL About Me!
Mia Davies'
Communication Passport



**This book will help you to get to
know me and how I communicate.**

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All about me – Who am I?



I am Mia and I live at home with my Mum, Dad, and my siblings.

We live near Denbigh, and I attend Ysgol Plas Brondyffryn.



My birthday is on 3rd June, and I was born in 2013.

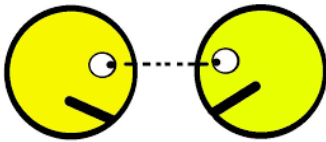
Important things about me.....



I have been diagnosed with Autism. I can communicate verbally but I may choose not to until I know you a little better.



Eye-Contact



When I first meet you, I might struggle with eye contact, and I may physically turn my body away from you.

Once I know you a little, I may try and hug you or grab your hand. I am still learning about personal space and when it is appropriate to hug or hold hands. **Please help me to understand when hugging and holding hands might not be appropriate.**



Important things about me.....



I am still learning to understand who a stranger is. Please keep me safe and remind me what I need to do when I see a stranger.



You might notice that if you ask me to do something I might not want to do it. Demand avoidance means I often have difficulty in completing everyday tasks. Please try to reword your instruction in a way that it does not sound like a demand. Rewards can work well.

Important things about me.....



I like to run around a lot ... and sometimes I bump into things.



I do not like being rushed.

Please give me enough time to do things. I will do it, but it will just take me longer to do it.



I can mask my behaviour. Masking means that I am good at looking like I am enjoying doing something when in fact I am not enjoying it at all.

My family.....

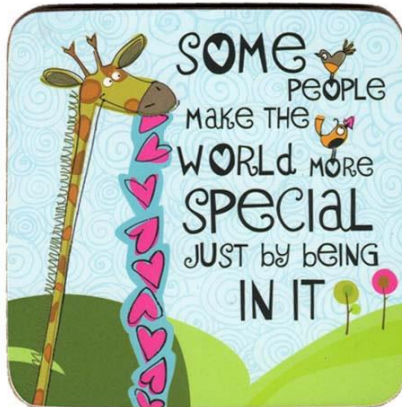
FAMILY PHOTOS HERE



My friends.....



Special people, special things.....



I like to take Billy the Bear everywhere I go and would feel very upset if I lost him.

Things you need to know about me.....



I am allergic to
Penicillin.

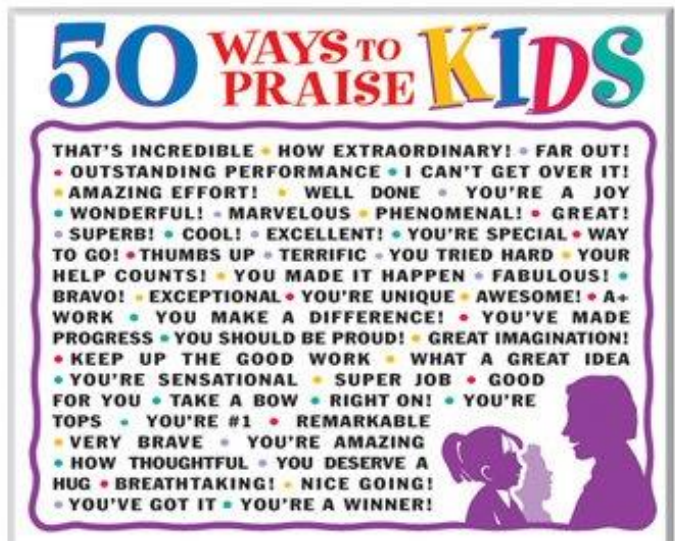


I do not sleep well, that is why I yawn a
lot. If I am tired, I need to rest or just
listen to some music.

Please read my sleep diary.

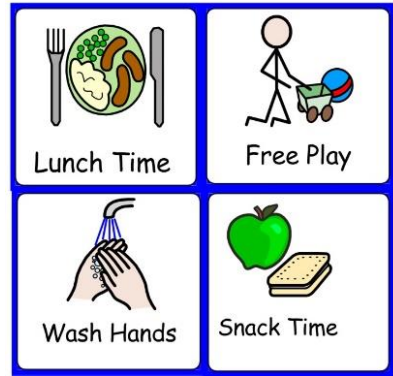
I like a lot
of praise.

Praise
really
motivates
me to do
well and
try my
best.



How I communicate....

PECS & symbols



TOUCH



Using my iPad

My personality



**I am a friendly and happy girl.
If I run up to you and shout
“Hello” it means I am happy to
see you! My parents say that I
am always smiling.**



**However, I can get angry sometimes
when I am asked to do something I
do not like. I like what I like a lot,
but it can change quickly.**



**I have a good sense of humour
and I like to tell jokes.**



**My teachers say that I am
good at helping others in
my classroom.**

Fun things I like to do



...dancing

...swimming



I 
MUSIC

...listening to music

Places I like going



...camping

...to the beach



...to the park

Things I do not like.....

...crowded places.



...loud noises.

Please take me to a quiet room if possible or ask me to put my ear defenders on.



... please give me plenty of warning when things change.



I am good at

...listening to clear concise instructions.



...drawing pictures.

...running fast.



Things I need help with



...eating my food.

...going to the toilet.



...getting dressed.

...remembering where I
have put things.



What I like to eat and drink.....



At School.....

At home.....



Mealtimes: 8am, 12 noon & 5pm



Please cut up my food into small pieces so I can feed myself.

Things I like to eat:

- Weetabix
- Spaghetti Bolognese
- Chips
- Fish Fingers
- Vegetables



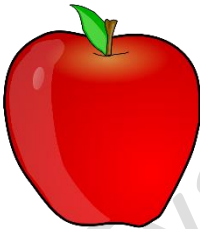
What I like to drink:

Water & Milk

What I do not like to eat and drink.....



- Peas
- Apples
- Crisps
- Sweets
- Hot Drinks



Independent living skills / Personal hygiene

- I can drink from a beaker
- I can wash my own hands
- I can brush my own teeth
- I need help to get dressed
- I need help to go to the toilet



Thank You

**Well, you have reached
the end of my
communication
passport - I hope you
feel that you know me a
little bit better now!**

**If you can think of anything that you think
should be included in my passport, please write
your idea in the box- thanks 😊**



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We would like to know who gets to see the communication passport we produce, so we can feedback to our funders. Hopefully, we can show that by producing a communication passport the young person feels that their voice is heard and will mean that they will receive a more consistent approach when others are spending time with them.



Please be honest– positive or negative we welcome your comments.

Name	Comment	Date

Do you feel that the Communication Passport encourages a consistent approach when working with Mia?

Name and relationship with child/young person	Yes/No